

Eye Contact Tag

"Eye Contact Tag" is a fun activity for any size group.

Procedure

- Tell the group to pair up.
- Have them choose which person is an avocado and which is a pomegranate.
- Tell them the avocado is the first one who is "it."
- Instruct the group that they will be playing tag with their partner only.
- The way to tag your partner is to make eye contact.
- You may not touch your partner.
- The person who is not it must keep his/her eyes open and must keep their gaze at about eye level for the group. No fair looking straight up or down.
- When a person is "tagged" he/she must raise a hand and say "I'm it" and then turn around 360 degrees giving the partner a chance to get away before being pursued.
- Before beginning, review safety concerns. I usually ask the group to tell me what they think safety concerns we might have for the activity. Concerns include:
 - Objects you may run into - agreeing to walk can help with this.
 - Other people trying to get away from a partner and not paying attention to others around them.